

Alcoholics Anonymous Guernsey

Guernsey helpline
01481 713480

About AA

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions.

A.A. is not allied with any sect, denomination, politics, organisation or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

AA in Guernsey

AA has a thriving fellowship in Guernsey, with eleven meetings each week.

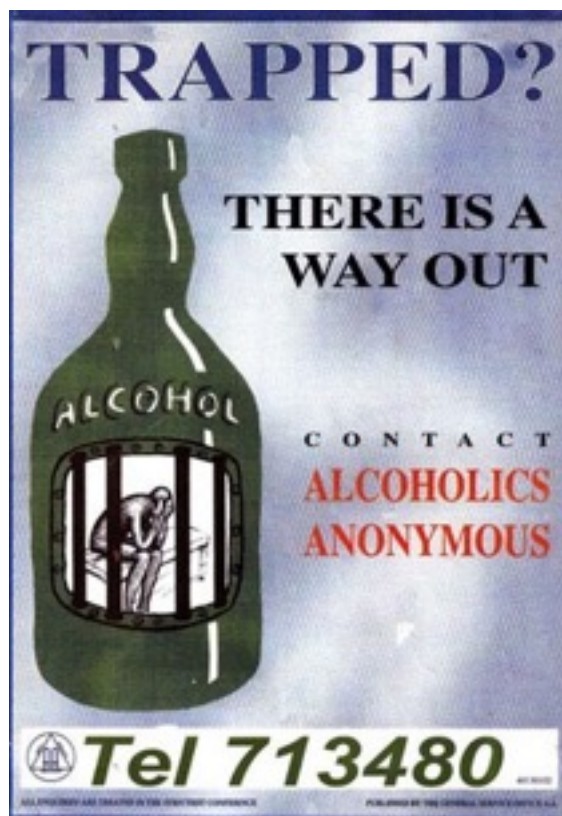
Many hundreds of Islanders have benefited from attendance at local AA meetings, helping them to stay sober and rebuild lives previously damaged or threatened by alcoholism. Full participation provides the key to contentment and a new freedom.

AA is about one alcoholic talking to another; there are no professional counsellors. Sobriety of Guernsey AA members ranges from one day to more than thirty years. Newcomers will benefit from sharing experience, strength and hope with others with the same problem.

A warm welcome awaits newcomers and visitors to Guernsey meetings.

Do you want help with a drinking problem?

If alcohol is costing you more than money, then call us today in complete confidence on 713480, or email us at aa_guernsey@cwgsy.net.



AA GUERNSEY meetings

Sunday	Mind Centre (Open)	10.30 a.m.
Sunday	Mind Centre	6.30 p.m.
Monday	Samaritans	8.15 a.m.
Monday	PEH Gateway Club	8.00 p.m.
Tuesday	Les Camps	8.00 p.m.
Wednesday	Samaritans	12.30 p.m.
Wednesday	PEH Gateway Club	8.00 p.m.
Thursday	Mind Centre	8.00 p.m.
Friday	Mind Centre (Open)	7.00 p.m.
Saturday	PEH Gateway Club	12.00 noon

Tel. 713480

Website: aaguernsey.info